

Now Offering Sclerotherapy

Individuals with spider veins can now consider sclerotherapy, a minimally invasive, in-office treatment at VitalityMDs. These small, dilated blood vessels appear close to the surface of the skin and can cause discomfort in addition to being cosmetically undesirable.

During sclerotherapy, a sclerosing agent is injected directly into the affected veins using a fine needle. This solution irritates the lining of the blood vessel, causing it to collapse and eventually fade away. Over time, the treated veins are absorbed by the body, and blood is rerouted through healthier veins.

It may take multiple sessions spaced several weeks apart to achieve the desired results, depending on the extent of the spider veins and individual response to treatment. Book now for a consultation with one of our experienced providers or call 480.425.8700.



Dr. Bartels Named Best of Our Valley



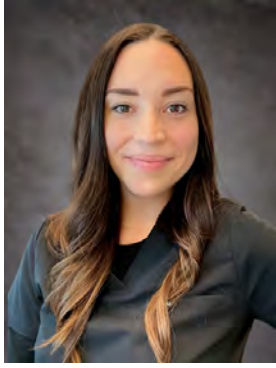
Congratulations to Dr. Russell Bartels who, for the second consecutive year, was **named Best of Our Valley** in the OB/GYN category.

Award winners were determined by Arizona Foothills readers and will be celebrated in the April 2024 edition. Arizona Foothills reaches residents and visitors of the desert foothills communities of Arizona.

Welcome to Jacqueline and Alex

VitalityMDs welcomes two newcomers to our team.

Jacqueline Reveal, DNP, FNP-C brings with her more than a dozen years of healthcare experience. She specializes in



bioidentical hormone therapy for both men and women, pellet hormone therapy, thyroid management, and women's health/gynecology care, including well woman exams, pap smears, contraceptive management, IUD placement, colposcopies and endometrial biopsies.

Alexandra Treinen, MSN, FNP-C brings more than a decade of experience in hormone replacement therapy, intimate wellness, aesthetic injectables and lasers and continues to teach students about Botox, Dermal Fillers, Biostimulatory Fillers, Sclerotherapy and PDO threads. She is a passionate proponent of women's healthcare and works to stay abreast of the latest advancements in HRT, gynecology and aesthetic services.



March MedSpa Specials

MARCH MADNESS

Irish Luck



BEST PRICES of the YEAR!

VOLUMA®

1st syringe \$750 / 2nd syringe \$725
\$1,475 gets you 20 units of free Botox

I've worked in plastic surgery and would never trust anyone else but Debbie Lasker to do my Botox. I've sent my family and friends to see her and they all agree as well. Best in the business.

-- Michelle M.

Debbie is so good at what she does. I love going in to see her -- she makes you feel very comfortable! -- Sonia C.



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VitalityMDs
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drawings throughout the
month.

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Combats visible damage caused by the
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