



Russell Bartels, MD, FACOG

Women's Health

- [Wellness Exams](#)
- [Hormone Replacement Therapy \(HRT\)](#)
- [Intimate Wellness](#)

Men's Health

- [ED](#)
- [Testosterone Therapy](#)

MedSpa Services

- [Cosmetic Filler](#)
- [Botox](#)
- [Painless Laser Hair Removal](#)
- [MicroNeedling](#)

NOVEMBER SPECIALS

AESTHETICS

OpusRF Resurfacing OR Sylfirm Microneedling w/RF

Face and Neck 1st Treatment \$850
Face and Neck 2nd Treatment \$800
Face and Neck 3rd Treatment \$750
Sylfirm (Reg. price \$1000 each)
Opus (Reg. price \$900 each)

*Above services are only offered
consecutively from September through
December 30th 2025. May alternate
services.*

INJECTABLES

**Radiesse for the Neck
Save \$200 per Syringe**

Voluma for the Cheek Area

**1st Syringe \$725
2nd Syringe \$700**

What we are thankful for in November

The team at VitalityMDs inspired this list for the month of November. We challenged ourselves to name things that we are thankful for - not just the big ones, but the overlooked ones of our everyday lives. Let this be a reminder that there is always something to be thankful for.

Thankful for family

Thankful for my coworkers at VitalityMDs

Thankful for my friends and family

Thankful for my health

Thankful for the kindness of others

Thankful for my pets who provide unconditional love and companionship

Thankful for a good night's sleep

Thankful for sunny days

Thankful for finding something that I lost

Thankful for today. Just today

I'm thankful every morning for the gift of waking up, my health, and my family. Also thankful for the incredible patients I have the privilege of working with. Their stories, resilience, and kindness continue to inspire me every day. -Yael Yisrael

We are profoundly thankful for all of our wonderful patients who have trusted us with their care, and for their supportive attitude towards the team at VitalityMDs. We are truly grateful for them.

A Big Thank You From Our Team at VitalityMDs