



## November MedSpa Specials

Become your best self with glowing skin and some amazing, limited time holiday specials...

The 5th Annual BOTOX® Cosmetic Day is November 15<sup>th</sup> with a Buy One, Get One special on that day as well as double points and sweepstakes opportunities all month.

**[Here's all you need to know!](#)**

**November Specials** include some can't miss Allergan-based offers on Juvéderm Voluma, SkinMedica Vitalize Peel® and Rejuvenize Peel™ along with an amazing Sparkle for the Holiday with SkinMedica's Diamond Glo Series with a savings of \$177.



---

## Optimizing Sexual Function at Every Age

If you think that sexuality is no longer a concern for those middle aged and beyond, you're giving in to a myth. While sexual function may not be as effortless as it was in young adulthood, every day the providers at VitalityMDs work with men and women of all ages, offering treatment to help them experience satisfaction during sex.

**Women** - Sexual dysfunction in women can take many forms with the most common being a lack of desire. There are varying physical and psychological causes including blood flow disorders, gynecological conditions, hormonal changes, certain medications, stress, past physical or sexual abuse, and more. The most common issues include:

**Anorgasmia:** The inability to experience an orgasm.

**Dyspareunia:** Pain during sex.

**Hypoactive sexual desire disorder:** Low libido.

**Sexual arousal disorder:** Trouble becoming aroused.

**Men** - Low libido, often linked with low levels of **testosterone**, and **erectile**



**dysfunction** are the most common issues and affect millions of men in the U.S. Among the numerous risk factors include being over the age of 50, having diabetes, high blood pressure or heart disease, obesity, use of drugs or alcohol and a lack of exercise. Sexual dysfunction in males may include:

**Erectile dysfunction:** Trouble getting or keeping an erection.

**Delayed or inhibited ejaculation:** Reaching orgasm slowly or not at all.

**Premature ejaculation:** Reaching orgasm too fast.

**Low libido:** Having a reduced interest in sex.

While sexual dysfunction can sometime be corrected by treating the physical or mental causes, VitalityMDs works closely with each patient determining the best care plan. **Treatment** may include medication, hormone therapy, psychological therapy, mechanical devices for men, and pain management. For assistance with libido and sexual dysfunction treatment, **[schedule an initial consultation appointment.](#)**

---



## Girls Night Out!

Great to see so many of you at last month's Girls Night Out! For those of you who missed it, watch for our next event for fun, demos, deals and prizes.

