



**You're Invited to Feel the Love**  
**Tuesday, February 13 - 5:30-7:30 pm**

Explore ways to return to the life you love and feel your most confident and empowered self. We'll be addressing urinary incontinence, erectile dysfunction, painful intercourse, vaginal dryness and laxity and other topics.

Men and women are invited to enjoy discussions, technology demonstrations, raffles, hors d'oeuvres, and sparkling wine. Numerous event discounts and specials will be available only for those in attendance!

Bring your partner, bring a friend but most importantly, bring yourself! RSVP with your name and the number in your party to [medspaappt@vitalitymds.com](mailto:medspaappt@vitalitymds.com).

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## **Restoring Women's Intimate Health and Wellness**

Throughout a woman's lifecycle, physical and hormonal changes can adversely affect vaginal health. This can show itself in stress urinary incontinence in which urine leakage occurs during laughter, sneezing or exercise, vaginal dryness causing itching, burning, and irritation, and/or loss of sexual sensation due to vaginal laxity.

In the past, most women did not know where to go to address these issues. They faced a lack of awareness about the causes, were embarrassed to bring up the symptoms or concerned that the only answer was invasive surgery.



“Fortunately, we’ve come a long way since those times,” said Paula Mazzacano, MSN, WHNP-BC. A Women’s Health Nurse Practitioner with 25 years of experience, Paula has unparalleled experience in sexual health and treatment of many

menopausal issues.

Vaginal rejuvenation offers many benefits to women, including:

- Increased confidence and self-esteem
- Improved sexual satisfaction and sensation
- Reduced discomfort and pain during intercourse
- Improved bladder control and incontinence
- Enhanced vaginal lubrication and moisture
- Improved appearance and youthfulness of the vaginal area

“Our non-surgical in-office procedures are safe, effective, and have no down time,” said Paula. “VitalityMDs has extensive experience in vaginal rejuvenation, and our highly trained and compassionate team will work with you to develop a customized treatment plan that is right for you.”

If you're interested in learning what vaginal rejuvenation can do for you – **schedule a consultation.**

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# FEBRUARY Specials

Allē

DOUBLE  
POINTS

## It's coming!

Allē Members can earn double Allē points on JUVÉDERM® when they get treated with a JUVÉDERM® Collection of Fillers product and BOTOX® Cosmetic (onabotulinumtoxinA) at the same visit from 02/02–03/31.



Pictured: BOTOX® Cosmetic vial and the JUVÉDERM® Collection of Fillers syringes.

Earn Alle Double Points on Botox Cosmetic & Juvéderm Filler at the same visit – 2/2/24-3/31/24.

We offer a variety of Juvederm Fillers. Let us help determine which are best for your needs.

**\$150**

## SKINMEDICA® Illuminize Peel w/complementary dermaplaning

The SkinMedica peel helps provide vibrant, radiant looking skin with minimal downtime and is appropriate for mild skin imperfections. Dermaplaning is a procedure in which the skin is manually exfoliated to remove dead skin buildup and fine hairs.

Schedule by 2/29/24 for a service completed no later than 5/31/24.

## Sylfirm X- Face & Neck - 3 treatments for **\$3,000**

Sylfirm X rejuvenates and stimulates fibroblast cells to produce collagen and elastin. Subsequently, these proteins not only fill the deficient areas of the scar tissue, but also provide strength, tone, and elasticity to the skin.

Schedule by 2/29/24 for a service completed no later than 7/31/24.

CALL TO SCHEDULE: 480.425.8700

Learn more at [vitalitymds.com](http://vitalitymds.com)



